



Positive student mental health can improve

- academic performance
- behavior, and
- attendance



### PBIS TEAMING

Providing evidenced based, trauma-informed, culturally sensitive social, emotional and behavioral interventions help kids overcome barriers to academic success.

*Brochure Resources:*  
usm.edu (2016), nami.org (2017), Kataoka, et al (2002),  
rwjf.org (2017), attendanceworks.org (2014), CA AB-1644

### WHY DO WE HAVE EMPTY CHAIRS?

- \* 1 in 5 adolescents live with a mental health issue
- \* Up to 80 percent of youth who need mental health services do not receive them
- \* Physical and mental health, safety issues and social factors all cause chronic absenteeism from school
- \* 30 percent of California’s elementary school pupils experience school adjustment problems
- \* The American School Counselor Association recommends a ratio of students to therapist as 250:1; Nationwide it is 457:1 and in California it is 810:1

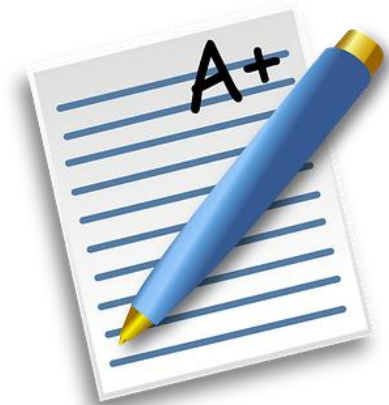


“Fear, depression, social anxiety and other mental health issues can make it difficult for children to feel comfortable going to school.” ([www.rwjf.org](http://www.rwjf.org))



### COLLABORATION

Linking families to mental health services via the school campus is an effective method to improve upon socio-emotional obstacles to education.



### SCHOOL AND DISTRICT GOALS

Outsourced mental health counseling provides cost-effective Tier II and Tier III support to your MTSS/ RTI / PBIS requirements and helps you meet your LCAP and ADA goals.

FCCS is a California LMFT Corporation owned and directed by Melinda Haynes, MA, LMFT lic no 102308



### SERVICES MAY INCLUDE:

- Assessment (behavioral, emotional, social, risks, strengths, diagnostic)
- Treatment plan including measurable behavior goals
- Support for teen parenting, low-income pupils, and foster youth
- Individual and family counseling
- Student observation
- Environmental assessments with strategies for improvement
- Collaboration with Teacher, School Counselor, Guidance Specialist, etc.
- IEP, ILP / 504 Plan and/or SST
- Liaison between parent and school regarding needs of child
- Home visits and/or parent-child interaction sessions
- Group work (school climate, social-emotional skills, self-esteem, etc.)
- Data reports to measure effectiveness

### PAYING FOR MENTAL HEALTH

- Medi-Cal eligible students

### SIGNS A STUDENT MAY BENEFIT:

- Appearing sad, shy, withdrawn, disengaged, fatigued or worried
- Lack of compliance and/or aggression with authority
- Attendance and/or tardiness issues
- Disturbing the learning of others
- Aggression with peers
- Trouble making friends (social isolation, social skills, bullying)
- Disruptive behaviors (won't sit still, throwing items, "class clown")
- Any time a suspected child abuse report (SCAR) has been filed

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## PBIS Support

## School-Based Behavioral & Mental Health Services



Social \* Emotional \* Behavioral

www.HealPlayLove.org

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